

October 2021 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
SPV – Grape Tomatoes 4 Sausage Cheese Croissant Or- Yogurt & Cheese Stick with Assorted WG Bread Glazed Carrots Mandarin Oranges	5 Crispy Chicken Sandwich on a WG Bun Or- Yogurt & Cheese Stick with a WG Soft Pretzel Golden Corn Chilled Peaches	6 Pizza Hut Pizza with Assorted WG Bread - Pepperoni Or- Yogurt & Cheese Stick with Assorted WG Bread Fresh Broccoli Craisins	7 Soft Shell Chicken Taco with a Lettuce & Cheese Cup Or- Yogurt & Sunflower Seeds with Assorted WG Bread Chili Beans Tropical Fruit	8 Baked Rotini Pasta with Meat Sauce and a WG Ciabatta Roll 🐷 Or- Yogurt & Cheese Stick with a WG Ciabatta Roll Iceberg Salad Fresh Apple
National School Lunch Week October 11th – 15th				
SPV – Baby Carrots 11 NO SCHOOL ST. STEPHEN THE MARTYR TEACHER IN-SERVICE	12 Macaroni & Cheese with a WG Soft Pretzel Or- Yogurt & Cheese Stick with a WG Soft Pretzel Garden Peas Strawberries	13 Popcorn Chicken with a WG Biscuit Or- Yogurt & Cheese Stick a WG Biscuit Mixed Vegetables Banana	14 Meatball Sub with Mozzarella Cheese 🐷 🐷 Or- Yogurt & Sunflower Seeds with Assorted WG Bread Romaine Salad with Croutons Raisins	15 Grilled Cheese Sandwich Or- Yogurt & Cheese Stick with Assorted WG Bread Grape Tomatoes Pineapple Tidbits
SPV – Grape Tomatoes 18 Cheesy Nachos Or- Yogurt & Cheese Stick with Assorted WG Bread Ranch Beans Tropical Fruit	19 Crispy Chicken Waffle Sandwich Or- Yogurt & Cheese Stick with WG Waffles Cinnamon Breakfast Yams Chilled Pears	20 Pizza Hut Pizza with Assorted WG Bread - Cheese Or- Yogurt & Cheese Stick with Assorted WG Bread Iceberg Salad Chilled Peaches	21 BBQ Pulled Pork on a Bun 🐷 Or- Yogurt & Sunflower Seeds with a WG Soft Pretzel French Fries Cinnamon Applesauce	22 Chicken Alfredo with WG Penne Pasta and WG Garlic Toast Or- Yogurt & Cheese Stick with WG Garlic Toast Broccoli Mandarin Oranges
SPV – Baby Carrots 25 Breaded Mozzarella Cheese Sticks with Pizza Sauce Or- Yogurt & Cheese Stick with Assorted WG Bread Seasoned Green Beans Chilled Peaches	26 Roasted Chicken Leg with a WG Ciabatta Roll Or- Yogurt & Cheese Stick with a WG Ciabatta Roll Sweet Potato Wedges Pineapple Tidbits	27 Cheeseburger on a WG Bun 🐷 Or- Yogurt & Cheese Stick with Assorted WG Bread Baked Beans Banana	28 NO SCHOOL ST. STEPHEN THE MARTYR CONFERENCES	29 NO SCHOOL ST. STEPHEN THE MARTYR

8 oz. nonfat flavored or 1% unflavored milk served daily. Menus subject to change. 🐷 Denotes PORK in main entrée. 🐮 Denotes BEEF in product **WG** = Whole Grain

This Institution is an equal Opportunity provider.